

**Class:- 9**

Time:- 2 Hours

**Subject:-English**

Total :- 50 Marks

Name of the student :

Roll:      Section:

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**Reading Section (10 Marks)****1. Read the passage carefully and answer the following questions:****(10)**

There are various beliefs prevalent in the society as to what should be eaten and what should not be eaten to keep healthy. If one has high blood pressure, one is told to cut down on or stop consuming sodium. A new study from Boston University reveals that low sodium does not actually cause low blood pressure. A little salt is part of a healthy food plan. The study has shown that the people with the lowest intake of sodium along with the ones who have the highest intake of sodium have a greater risk of heart disease than the people in the middle.

There is a theory that drinking milk post infancy is unnatural. It is true that humans are the only species to drink milk as adults. Research shows that we have genetically evolved to adapt to it. Milk products actually play an important role in keeping us healthy. Dairy products are rich in whey, protein, linoleic acid and calcium.

Fat in general is not a bad thing. The scientific community is still debating the benefits of saturated fats. The other types of fats taken in moderation are good for us. Plant-based fats such as monounsaturated fats found in foods like almonds, avocado; and omega-3 fatty acids found in fish offer many healthy benefits. These fats may reduce inflammation and improve the quality of blood. It may seem that diet products such as light salad dressing are healthier choices to eat but often they are really not. Healthy food like this used to be popular, but many of these products remove the fat and replace it with added sugar. Large amounts of added sugar in the diet may be even more damaging to health than excessive dietary fat.

A major study from CDC (centres for disease control and prevention) showed that people who consumed a lot of sugar were more than twice likely to die from heart disease. If you opt for a higher food, check the ingredients and food label to make sure that the fats have not been replaced with added sugar. We must study the reports of various researches before adopting any new mode of eating or food habit, otherwise the result of the food plan may be opposite of what is expected.

Choose the correct option:

A. The reason why we should consume dairy products is:

**(1)**

(a) They are rich in protein and calcium

(b) They are tasty and tempting

(c) They are good for heart

(d) They are not very expensive

B. Which type of people has a greater risk of heart disease?

**(1)**

(a) People with no intake of salt

- (b) People with the lowest intake of salt  
 (c) People with the moderate intake of salt  
 (d) People with either lowest or highest intake of salt
- C. Plant-based fats are good because they \_\_\_\_\_. (1)  
 (a) Improve the quality of blood (b) Improve appetite  
 (c) Strengthen mind and body (d) Improve heart beats
- D. What is more damaging to health than excessive dietary fat? (1)  
 (a) A lot of added sugar in diet (b) No sugar intake  
 (c) Eating saturated fat frequently (d) No fat intake
- E. Monounsaturated fats are found in food like: (1)  
 (a) Milk products (b) Fish and meat  
 (c) Almonds and avocado (d) None of the above
- F. The phrase 'added sugar' in the last paragraph refers to sugar added during the \_\_\_\_\_. (1)  
 (a) Cooking of food (b) Eating of food  
 (c) Processing of food (d) Production of food
- G. According to the passage, \_\_\_\_\_ need to be checked before opting for a higher food. (1)  
 (a) Costing and price (b) Ingredients and food label  
 (c) Manufacturing and expiry date (d) All of the above
- H. The passage focuses on the importance of \_\_\_\_\_. (1)  
 (a) A balanced diet (b) Saving money  
 (c) Sugar and salt (d) Scientific knowledge behind every food
- I. The word 'prevalent' in para 1 of the passage means: (1)  
 (a) Most uncommon (b) Most common (c) Unconventional (d) Important
- J. The opposite word for the word 'excessive' in para 4 is: (1)  
 (a) Extra (b) Mild (c) Necessity (d) Limited

### Writing Section (5 Marks)

#### 2. Use the following notes/clues and write a descriptive paragraph of about 100-120 words. (5)

A fire - in a slum - burning huts - people ran out - a child trapped inside - you and your friends  
 - deeply moved - risky but decided to save - succeeded - bravery award

OR

Taking help from the information given below, write a short story 'Where there is Love, there is God'.  
 You can invent your own details. Do not exceed 120 words.

**Outline:** Martin..... a cobbler..... his son died..... no interest in life..... a religious man reminded that Martin couldn't judge God's ways..... heard a voice..... "Martin! Look out in the street tomorrow, for I shall come"..... next morning an old man stood shivering in cold..... Martin invited him inside..... offered tea..... no one came..... next morning a poor woman stood with a baby in arms..... Martin gave her his bed..... food and cabbage soup..... Martin kept on waiting but no one came..... in dream..... first saw file old man..... then the woman with the child ..... Martin crossed himself.....the Lord had really come to him.

### Grammar Section (7 Marks)

**3. Fill in the blanks with the most appropriate option given below. (1X3=3)**

For opening a bank A/C you (a)..... to select a bank of your choice. You (b)..... to visit the bank and contact the Customer Care Officer there. Thereafter you should meet the concerned Authority. You (c)..... to submit the required documents. Don't forget to visit the bank for collecting the passbook and ATM card.

(a) (i) require (ii) are required (iii) will require (iv) have to require

(b) (i) will (ii) should (iii) need (iv) are

(c) (i) must (ii) shall (iii) are required (iv) should

**4. The following passage has not been edited. There is one error in each line. Write the incorrect word and the correction against it in the given spaces. (1X4=4)**

The Egyptians were the first for make paper (a) \_\_\_\_\_

From a plant calling Papyrus. It grew in the (b) \_\_\_\_\_

Delta of River Nila in Africa. For the long time, (c) \_\_\_\_\_

Papyrus continues to be used as writing material. (d) \_\_\_\_\_

**Literature Section (28 Marks)**

**5. Read the following extracts and answer the questions given below:**

*A. They, too, aware of sun and air and water, Are fed by peaceful harvests, by war's long winter starv'd Their hands are ours, and in their lines we read A labour not different from our own*

**(1X4=4)**

(i) Whom do 'they' refer to?

(ii) What does the poet mean by 'peaceful harvests'?

(iii) What are the universally shared components mentioned in the above extract?

(iv) What do we read "....in their lines"?

OR

*Then the matter Of scorching and choking In sun and air, Browning, hardening, Twisting, withering, And then it is done.*

(i) Which poem does this extract belong to?

(ii) What dries up the tree?

(iii) What happens to the tree in sun and dry air?

(iv) "And then it is done". What does 'it' stand for?

*B. Santosh's parents were affluent landowners who could afford to send their children to the best schools, even to the country's capital, New Delhi, which was quite close by. But, in line with the*

*prevailing custom in the family, Santosh had to make do with the local village school.*

(1X4=4)

- (i) What kind of family did Santosh belong to?
- (ii) What is the prevailing custom in the family?
- (iii) What could be afforded by the family?
- (iv) What does the extract say about the mentality of the family?

OR

*Sue rushed down. Behrman lived on the ground floor. He was a sixty-year-old painter. His lifelong dream was to paint a masterpiece but that had remained a dream. Sue poured out her worries to Behrman. She told him how Johnsy was convinced that she would die when the last leaf fell.*

- (i) What was Behrman's lifelong dream?
- (ii) Why did Sue pour out her worries to Behrman?
- (iii) What kind of characteristic of Behrman comes out from the extract?
- (iv) Name the chapter from where the above extract has been taken.

**6. Answer any five from the following questions:**

(3X5=15)

- a) How did Santosh begin to climb mountains?
- b) What is the belief at Pashupatinath about the end of Kaliyug?
- c) How and why were people acting stranger than usual at the author's school in "A House is not a Home"?
- d) Why was Johnsy looking out of the window and counting backwards?
- e) Can a "simple jab of the knife" kill a tree? Why/why not?
- f) "Toto was a pretty monkey." In what sense is Toto pretty?
- g) How did Abdul Kalam earn his first wages?

**7. Answer any one of the following questions in 100-120 words.**

(5X1=5)

The lives of Santosh Yadav and Maria Sharapova have much in common to prove that determined and consistent hard work paves the way to success. Identify the points of comparison and contrast in the lives of these two great players.

OR

Do you believe that the story 'The Last Leaf' is about the ultimate sacrifice made by an old artist? Explain with reference to the story.