

**Bhavan's Tripura Vidyamandir**

**1<sup>ST</sup> Periodic Assessment - (2024-2025)**

**Class:- 10**

Time:- 2 hours

**Subject: English**

Total :-50 Marks

Name of the student :

Roll: Section:

Reading Section

(A) Read the following passage and answer the questions that follow:

The Changing Scenario of Sports in India

1. Sports have been one of the most loved activities in India. Almost everyone indulges in some form of sports, from hockey, cricket, football, badminton, tennis to golf, swimming and archery. Gone are the days when different sports were mainly played for recreational purposes or to satisfy fitness demands. The India of today plays with a competitive frame of mind. Today, parents encourage their children to play games and earn name and fame. With the growing demand for all sports, the need to have an athletic body has also gained importance.
2. The task of governing and promoting Indian sports to new heights has fallen on a number of Indian sports associations. Sports organisations like the Indian Olympic Association and Sports Authority of India are working towards raising the standard of Indian sports through various talent promotion programmes. A host of sports academics and institutes are actively involved in the grooming of Indian sportsmen. Moreover, there are various corporate houses coming to the rescue of sponsor-starved games.
3. Indians now definitely believe in the power of sport. Indian sport is going through a make over. Cricket is no longer the only source of glory for the Indian masses. They can now engage in other sports too. India's recent showing at various championships across the world has heralded a new era of sports in India.
4. Another important transformation that Indian sport is going through is the recognition and inception of young talent at the grass root level. This, in turn, is converted into young Indian talent putting up a good show internationally. The question now arises, what keeps them glued to their profession?
5. Firstly, there has been a remarkable change in the Indian outlook towards sports. Parents now believe in the power of sports. Once the family decides what game to follow, there is the need to nurture the talent and build it. Sporting academies catering to a wide array of sports have been instrumental in providing the basis for the country's young talent. Financial backing from the corporate world at the amateur level has also played a very important role in promoting talent. The young guns are now finding more encouragement than years ago.
6. After being scoffed at for years, Indian sportspeople are finally getting due recognition in the world arena. However, this is just the start and the work has to be carried further to promote sports in every field of discipline. They need to promote sports, not just as a good career but as a good business proposition too. We need the media to come to the fore-front and help revitalise the sports that have gone down the popularity charts.

Choose the correct answer from the following:

(1 X 5 = 5)

- (1) According to the text, which of the following statement is not true?
  - (i) Talent development programmes aided Indian sports in reaching new heights.
  - (ii) Sports academies focus on nurturing sportsmanship.
  - (iii) Various corporate houses have been responsible for falling standard of sports in India.
  - (iv) In addition to cricket, other sports such as hockey, golf, and archery are gaining popularity.

- (2) The recognition and inception of young talent in India indicates \_\_\_\_\_.
- (i) a significant transformation                      (ii) increasing demand  
(iii) promotion craze                                      (iv) competitiveness craze
- (3) In the line "...catering to a wide array of sports", the word 'array' DOES NOT refer to \_\_\_\_\_.
- (i) display                      (ii) infinite                      (iii) arrangement                      (iv) exhibition
- (4) Identify the mindset of the writer when he says that sports have to be included in every field of discipline.
- (i) rejection                      (ii) assertion                      (iii) objection                      (iv) embarrassment
- (5) The word that means 'ridiculed' in para 6 is \_\_\_\_\_.
- (i) proposed                      (ii) promoted                      (iii) scoffed                      (iv) arena

**(B) Read the following passage and answer the questions that follow:**

- Every time a child takes a soft drink, is he laying the groundwork for a dangerous bone disease? Fizzy and sugary drinks don't cause osteoporosis but, because they are often a substitute for a glass of milk, the children miss out on taking in the calcium and Vitamin D they need to build a strong skeleton. Many of them also lead a sedentary lifestyle, so they aren't getting the bone-building benefits of vigorous exercise either. These children tend to suffer from brittle bones and fractures later on in life. In addition, they could be at a risk of being diagnosed with osteoporosis at an earlier age than most others.
- The Indian Society for Bone and Mineral Research (ISBMR), a body comprising experts on osteoporosis was established in 1996 with the aim of promoting research and circulating awareness about metabolic bone diseases, especially this bone crippling disease. Osteoporosis starts in childhood but its consequences are apparent at a later stage in life. This condition causes bones to become riddled with holes like the framework of a house that's been attacked by termites. This can lead to broken bones which in turn can cause deformity, chronic pain, and disability. Osteoporosis can be fatal: upto 25% of older people who suffer a broken hip, die within a year. Osteoporosis isn't just your grandmother's health threat. Although it strikes over 50 million women in India, it also menaces over 19 million men. It causes loss of height, pain in joints and back, and fractures, and can be very depressing. So, it is important that we adopt preventive measures to save millions of people from the risk of suffering from osteoporosis.
- There is a new medical understanding of the best ways to protect ourselves and our children. "Simple changes in lifestyle and nutrition will help save bones" says Dr. Mittal. He is of the opinion that it's never too late to adopt bone-friendly habits, like exercise that includes walking, jogging or skipping, getting enough sunlight, and getting adequate calcium, especially through fruits, vegetables, and fermented dairy products. This move in the right direction will keep the bones healthy and prevent osteoporosis.

**Choose the correct answer from the following:**

**(1 X 5 = 5)**

- Who says, "Simple changes in lifestyle and nutrition will help save bones"?  
(i) Dr. Mittal                      (ii) Dr. Marun                      (iii) Dr. Mirin                      (iv) Dr. Mithil
- How do bones become weak?  
(i) Not taking in enough carbohydrates and Vitamin D and leading a sedentary life makes the bones weak.  
(ii) Not taking in enough minerals and Vitamin E and leading a sedentary life makes the bones weak.  
(iii) Not taking in enough protein and Vitamin C and leading a sedentary life makes the bones weak.  
(iv) Not taking in enough calcium and Vitamin D and leading a sedentary life makes the bones weak.

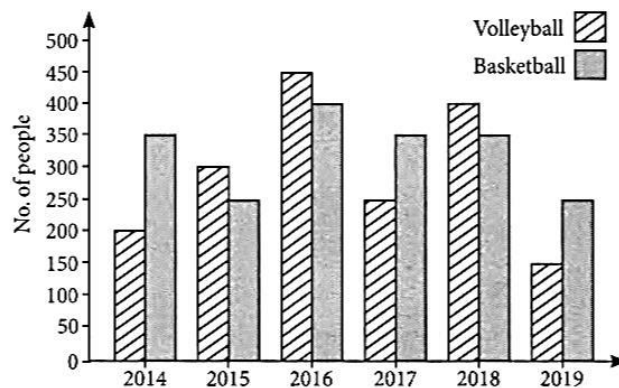
- (3) When does osteoporosis become apparent? Why is it called fatal?
- Osteoporosis becomes apparent later in life. It is called fatal because 25% of the people who suffer from hip fracture die within a year.
  - Osteoporosis becomes apparent earlier in life. It is called fatal because 36% of the people who suffer from hip fracture die within a year.
  - Osteoporosis becomes apparent later in life. It is called fatal because 36 % of the people who suffer from hip fracture die within a year.
  - Osteoporosis becomes apparent earlier in life. It is called fatal because 43% of the people who suffer from hip fracture die within a year.
- (4) How does osteoporosis affect us?
- Osteoporosis causes brittle joints, fractures, height gain, back and joint pain, and depression.
  - Osteoporosis causes brittle joints, fractures, height gain, back and bone pain, and mania.
  - Osteoporosis causes brittle bones, fractures, height loss, back and joint pain, and depression.
  - Osteoporosis causes brittle skulls, fractures, height loss, back and bone pain, and mania.
- (5) The synonym of “lack of physical activity” as given in paragraph 1 is \_\_\_\_\_.
- substitute
  - sedentary
  - suffer
  - diagnosed

### Writing Section

(C) Write **any one** from the following:

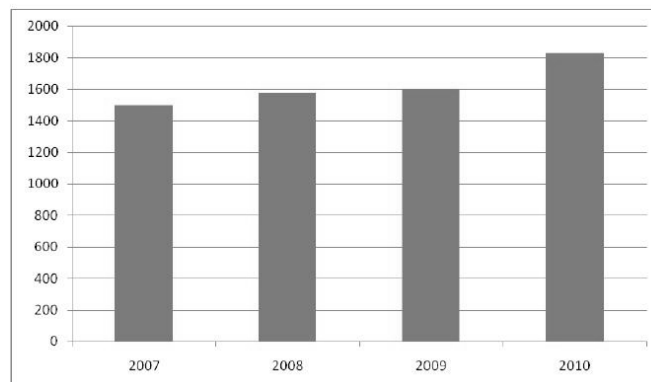
(5 X 1 = 5)

1. The given double bar graph shows the preferences of children in a school in playing different games over the span of six years. Write an analytical paragraph about the given information in 100-120 words.



OR

2. As an aware citizen of the country, you are concerned about the increase in road accidents in the metropolitan city of Delhi. Interpret the data given below in an analytical paragraph in about 100-120 words.



### Grammar Section

**(D) Fill in the blanks using suitable forms of verb:** (1 X 3 = 3)

1. Anne was in need of a true friend with whom she \_\_\_\_\_ share her joys and sorrows. (can)
2. The Manipur Sangai Festival is one of the vibrant festivals \_\_\_\_\_ in Manipur. (celebrate)
3. We \_\_\_\_\_ Australia last summer. (visit)

**(E) Identify the error in the following statements and write the correction:** (1 X 4 = 4)

1. All vehicles must stop at the chick point.

Error	Correction
_____	_____

2. Our happiness or our sorrow is largely dependent on their own mentality.

Error	Correction
_____	_____

3. Last week, the AJS school celebrates its annual function.

Error	Correction
_____	_____

4. Become familiar with your prescription before took the drug.

Error	Correction
_____	_____

### Literature Section

**(F) Read the extracts given below and answer the questions of any one of the extracts that follow:** (1 X 4 = 4)

1. *"Some say the world will end in fire  
some say in ice.  
From what I've tasted of desire  
I hold with those who favour fire."*

- (i) What is the poet's opinion about the world?
- (ii) What are the contradictory opinions of public?
- (iii) What does 'fire' represent here?
- (iv) How are 'ice' and 'fire' similar to each other though they have contradictory traits?

**OR**

2. *"If ever you should go by chance  
To jungles in the east;  
And if there should to you advance  
A large and tawny beast,  
If he roars at you as you're dyin'  
You'll know it is the Asian Lion..."*

- (i) Which direction does the poet tell the readers to go?
- (ii) What is the colour of the beast mentioned?
- (iii) What makes the reader feel that he or she is dying?
- (iv) Describe the lion as mentioned in the poem.

**(G) Read the extracts given below and answer the questions of any one of the extracts that follow:** (1 X 4 = 4)

1. *"Writing in a diary is a really strange experience for someone like me. Not only because I have never written anything before, but also because it seems to me that later on neither I nor anyone else will be interested in the musing of a thirteen year old schoolgirl. Oh well, it doesn't matter. I feel like writing and I have an even greater need to get all kind of things off my chest."*

- (i) What does Anne think would provide her relief from what she was undergoing?
- (ii) Why does Anne think that writing in a diary is a strange experience for her?

(iii) Why does Anne proceed to write a diary despite having no experience of that sort before?

(iv) "Later on neither I nor anyone else will be interested in the musings of a thirteen year old schoolgirl." What is the truth regarding this statement of the narrator at the present era?

**OR**

2. "Keeping his body twisted so that his gun still covered the fat man and his guest, the man at the window grasped the frame with his free hand to support himself. Then he swung his other leg up and over the window-sill. The doorknob turned, swiftly Max pushed with his left hand to free himself from the sill and drop to the balcony. And then, as he dropped, he screamed once, shrilly. The door opened and a waiter stood there with a tray, a bottle, and two glasses. "Here is the drink you ordered for when you returned", he said, and set the tray on the table, deftly uncorked the bottle, and left the room."

(i) Who wanted to escape through the balcony?

(ii) Why did the person shout shrilly after jumping off the windowsill?

(iii) What was the truth about the balcony?

(iv) Why did the person want to escape through the balcony?

**(H) Answer any five of the following questions:**

**(3 × 5 = 15)**

1. Why does the postmaster send money to Lencho? Why does he sign the letter 'God'?
2. What do the 'Hemlock' tree and 'Crow' represent? What does the 'dust of snow' metaphorically stand for?
3. Why did Hari Singh decide to return to Anil's house?
4. What is the tiger doing? Why is he ignoring the visitors?
5. How did Mandela's 'hunger for freedom' change his life?
6. Who is Fowler? What is the first genuine excitement he experiences that day?

**(I) Answer any one of the following questions:**

**(5 × 1 = 5)**

1. Hesitations and fears play necessary parts in human life but we get success in any enterprise only when we overcome our doubts, hesitations and fears. Justify this statement in light of the young seagull's efforts to muster the courage to fly in the air.

**OR**

2. Over-pampering is not only bad for humans but also for animals. Do you think over-pampering by parents is in favour of the children? What are the negative things that a child imbibes from over-protection and over-pampering? Elaborate with reference to the story 'A Triumph of Surgery'.